



FRESHCOAST HEALTH FOOD BAR

Completed Actions: 29

Verified: May 11th, 2017
Verified By: Elizabeth Maze,
Program Lead



BUILDING & OPERATIONS

- All non-emergency lights are turned off at closing
- All exit signs are LED and open/closed signs are either LED or non-energy using
- All thermostats set lower when space is typically unoccupied (manual or automated)
- All hot water tanks and pipes are insulated
- ≥ 50% of bulb lighting is LED, and all fluorescent tube lighting is T5 or T8
- High efficiency hot water tank or on-demand water heating system installed

WASTE

- Specials are listed on menu boards (chalk or white boards, screens, etc.) rather than printing daily specials
- Straws only provided on request OR compostable straws used in place of plastic straws
- All food waste and soiled paper are composted
- All soft plastics (shrink wrap, plastic bags, etc.) are recycled
- At least one other harder-to-recycle item is being recycled (e.g. Styrofoam™, foil-lined bags, light bulbs, batteries, electronics, appliances)
- Fat, oil, and grease is collected for use as bio-fuel

WATER

- Bottled (still) water is not purchased
- All faucets employ ≤ 6.0 LpM aerators
- Low-flow spray nozzles (≤ 6.0 LpM) installed in dishwashing area
- All toilets are ≤ 6.0 LpF, urinals are ≤ 1.9 LpF
- All refrigeration units are air-cooled

TRANSPORTATION

- Bicycle parking provided for staff and customers
- ≥50% of staff commute to work by bike, transit, carpooling or walking

PURCHASING & PRODUCTS

- Any take-away items purchased are 100% compostable or recyclable by standard means
- At least three main ingredients are *organically grown*
- ≥ 80% of seafood purchased is *Ocean Wise™* Certified
- At least three main ingredients are grown on Vancouver Island
- Purchases ≥ 20% of all beverages (alc. & non-alc.) produced in BC

SOCIAL

- ≥ 50% employees volunteer in a community event or charitable activity (at least one day per year)
- Annual donations made to local environmental or community-related charities of ≥ \$50 per full-time employee
- Environmental sustainability is incorporated into the hiring process, employee orientations and training programs
- Environmental values and actions are posted publicly (either online or on premises)

Additional Actions

- Additional action – based on comparability to the actions listed above: Social media 'Call to Action' to bring reusable jars for a discount